

Are You Interested in Journaling?

FINDING THE RIGHT WORDS

EXPLORE YOUR MEMORIES, GET CREATIVE WITH
WORDS, AND DISCOVER THE JOY OF WRITING.
WHETHER IT'S KEEPING A DIARY, WRITING A
POEM, OR REFLECTING ON LIFE'S MOMENTS,
THIS GROUP IS FOR YOU!

WHAT TO EXPECT:

WRITING PROMPTS & INSPIRATION

TIME TO REFLECT & RECORD

LOTS OF LAUGHTER & COMPANIONSHIP

NO PRESSURE TO SHARE YOUR WRITING

POSSIBLE OPPORTUNITIES TO ILLUSTRATE YOUR
WORK

A JOURNAL WILL BE PROVIDED. YOUR WRITING
IS YOURS TO KEEP.

INTERESTED? CONTACT

EVERYONE IS WELCOME – YOUR STORIES
MATTER.